

## INGREDIENTS

- **COOKIES:**
  - 1 cup pecans
  - 1 teaspoon vinegar
  - 3 egg whites (use large eggs)
  - pinch of salt
  - 1 cup sugar
- **SUPPLIES:**
  - resealable bag
  - wooden spoon or rolling pin
  - tape
  - Bible
  - 2 cookie sheets
  - parchment paper
  - teaspoon
  - mixer and bowl

## INSTRUCTIONS

1. Preheat oven to 300 degrees.
2. Place pecans in bag and let the children beat them with the wooden spoon to break them into small pieces. Explain that after Jesus was arrested He was beaten by the Roman soldiers. Read John 19:1-3.
3. Let each child smell the vinegar. Put 1 teaspoon vinegar into mixing bowl. Explain that when Jesus was thirsty on the cross he was given vinegar to drink. Read John 19:28-30.
4. Add egg whites to vinegar. Eggs represent life. Explain that Jesus lived his life fully and passionately, always caring for the lives of those around him, and he teaches us to do the same. Read John 10: 10-11.
5. Sprinkle a little salt into each child's hand. Let them taste it and brush the rest into the bowl. Explain that this represents the salty tears shed by Jesus' followers as they feared for him after his arrest and mourned him at his death. Read Luke 23:27.

6. So far the ingredients are not very appetizing, are they? Now add 1 cup sugar. Explain that the sweetest part of the story is Jesus' love for all people. He wants us to know him and to follow him.. Read Psalms 34:8 and John 3:16.
7. Beat with a mixer on high speed for 12-15 minutes until stiff peaks are formed.
8. Fold in broken nuts. Drop by teaspoons onto lined cookie sheets. Explain that each mound represents the rocky tomb where Jesus' body was laid. Read Matthew 27:57-60.
9. Put the cookies in the oven, close the door and turn the oven OFF. (If you have a gas oven leave on for 8-10 min, then turn off.) Give each child a piece of tape and seal the oven door closed. Explain that Jesus' tomb was sealed. Read Matthew 27:65-66.
10. Go to bed! Explain that they may feel sad to leave the cookies in the oven overnight, however, Jesus' followers were in despair when the tomb was sealed. Read John 16:20 & 22.
11. On Easter morning open the oven and give everyone a cookie. Notice the cracked surface and take a bite. The cookies are hollow! On the first Easter, Jesus' followers were amazed to find the tomb open and empty. Read Matthew 28:1-9.